



Security cam footage of "the competition" taking the SUPERSTRUCTURE™ from the Hyundai display at the Auto Show. Follow the clues at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com) for the chance to win a \$20,000 reward.

# SUPER HEIST!

The SUPERSTRUCTURE™, the advanced frame found in the all-new 2017 Hyundai Elantra, was on display at the Canadian International AutoShow and went missing on Saturday, February 13th, sometime between 1:30am and 2am.

The discovery was made by Hyundai Auto Canada Corp. President and CEO, Don Romano. "I was doing

my usual walk around the Hyundai booth to start the day off and I was shocked to see our revolutionary SUPERSTRUCTURE™ was just... gone," he said.

Shortly after the discovery, Hyundai Canada received a ransom video (pictured below) featuring three representatives from the company's competition. In the video,

which Hyundai officials posted online at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com), "the competition" claims responsibility, brags about their heist, and announces plans to reverse engineer the SUPERSTRUCTURE™ and the Advanced High Strength Steel with which it's made.

When it was confirmed the SUPERSTRUCTURE™ had in fact been taken by the competition, Hyundai Canada Marketing Director, Lawrence Hamilton, and his team, immediately began asking for people to help find it by registering to become part of the search team at [www.HyundaiSuperSearch.com](http://www.HyundaiSuperSearch.com).

For taking part in the search, Canadian residents will have the chance to be rewarded with a \$20,000 grand prize or 1 of 4 weekly rewards of \$2,500. As more clues are discovered, Hyundai

gation," said Hamilton as he was putting up posters at the Auto Show. "Simply put, our competition has stolen our SUPERSTRUCTURE™ and we need everyone's help. All you have to do is

fort, precise handling, and enhanced safety.

"If we can get Canadian residents to help us search for our SUPERSTRUCTURE™, I have no doubt it will be recovered before our competition can learn our secrets," concluded Romano.

*For more on this story, refer to the back of the paper...*



Canada will release details on the website as well as on its Facebook, Twitter and Instagram pages.

"By simply signing up, you can submit answers to clues that are uncovered throughout the investi-

follow the clues and help us find it for a chance to win."

Thanks to the SUPERSTRUCTURE™, the all-new 2017 Elantra is threatening to set a new benchmark for ride com-



A screen capture taken from the ransom video received by Hyundai Canada President and CEO, with three representatives from the company's competition claiming responsibility for the heist.

MONDAY, FEBRUARY 22, 2016

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RYAN TUMILTY/METRO

## BAKERY RAVAGED

### Fire guts iconic 118 Avenue business

metroNEWS

## Social housing in poor shape

MUNICIPAL MATTERS

### Units got the worst ratings of city-owned infrastructure



Ryan  
Tumilty  
Metro | Edmonton

The city's social housing units are in poor or very poor condition according to a new assessment, and are on average 41 years old.

The grim numbers about the 1,032 units in Capital Region Housing Corporation's (CRHC) inventory came out this week in a report about the state of the city's infrastructure.

The housing units had the worst ratings of any infrastructure the city owns.

Mark Hoosein, CRHC's chief operating officer, said for a lot of their units it's time or even past time for major repairs to things like roofs, boilers and furnaces, which is why the city report rated them so poorly.

"A lot of their components are at or near or even in some cases exceeding the normal use of life," he said.

The city closed an 80-unit social housing

site in Londonderry last year because it needed major work. Hoosein said they're not looking at any other closures, but they do need re-investment.

"Because of the age of the infrastructure, that won't necessarily be the case for every building in the next ten years," he said.

Mayor Don Iveson said a group the city put together on the issue last year has a plan to redevelop sites, adding more market units and using that income to fund the affordable properties.

"They have got a game plan. The issue is just that we need funding and support from other orders of government," he said.

He said the closed Londonderry site is where they would like to start and then move onto other projects.

"We think it can be proof of concept that we can duplicate over and over again," he said.

Iveson said he hopes the federal and provincial governments, who have said they want to invest, will come with dollars in their upcoming budgets.

"We are lobbying hard going into provincial and federal budgets for support at minimum for the pilots, but also to ramp up a considerable program of re-investment, renewal and construction of social housing."

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2 OF V



A small image of a dark-colored SUV, likely a Toyota 4Runner, parked on a light surface.



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OUR





## Spike in collisions led to speed rule: AHS

### AMBULANCES

#### Deaths and injuries also taken into consideration



**Jeremy Simes**  
For Metro | Calgary

A jump in ambulance collisions, dings and scratches over the years were part of Alberta Health Services' (AHS) decision to enforce tighter speed limits for EMS workers.

The rule, which took effect on Friday, says paramedics can only drive a maximum of 15 km/h over the posted speed limit when operating emergency vehicles with lights and sirens activated.

Prior to the change, ambulance operators could drive at a speed of 25 per cent over the posted limit, while operating with lights and sirens.

The change means ambulances can only travel at a maximum of 115 km/h on Deerfoot Trail when they could normally travel at a

max of 125 km/h, when it's safe to do so.

In 2014, there were 583 EMS-related collisions, up 47.6 per cent from 395 collisions in 2011.

Collisions range from ambulance crashes to minor dents and scratches, AHS said, adding speed is one of several risk factors.

In 2015, related collisions dipped to 464, though it was a very mild winter and more EMS staff were trained on a provincial driver training program, according to AHS.

"As caretakers of patient and staff safety, it is our job to minimize risk where possible," AHS said in a statement. "Given the increasing trend in vehicle incidents, AHS EMS chose to be proactive and find an opportunity to improve now, rather than wait to react to something even more serious in the future."

But it's not just an increase in collisions that's part of the AHS's decision to change the rule.

In 2015, there were seven injuries associated with the 464 collisions. So far this year, there's been one injury and

45 collisions.

And since AHS began providing EMS service in 2009, there have been two fatalities involving ambulance collisions, AHS said.

In 2010, an EMS worker died after an ambulance collided near the northern community of McLennan.

In 2015, an EMS supervisor vehicle was involved in a head-on collision with another vehicle. The driver of the non-EMS vehicle died as a result.

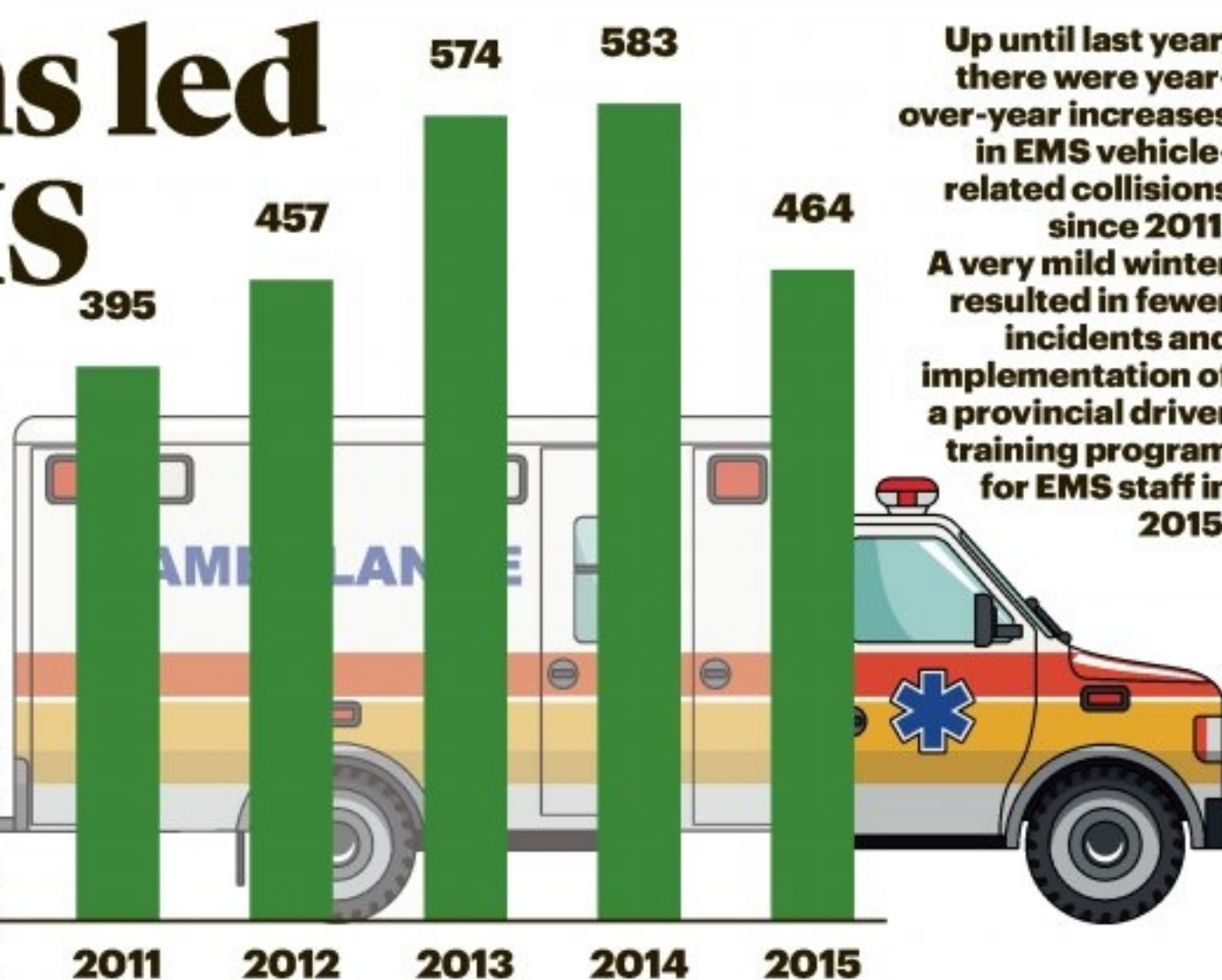
AHS said it started collecting injury data in 2015 as part of an enhanced EMS fleet safety program.

Last week, a paramedic slammed the new driving rule, saying it'd affect patient response times.

Marc Moebis, executive director of the Alberta Paramedic Association, said he isn't aware of studies that show slower speeds mean for more patient mortalities.

"We can save a lot of time by people stopping and moving to the right appropriately — there's still a lot of people who don't know what to do," he said.

"The procedures we can do are far advanced and most life-saving and stabilization procedures and treatments can be done in the ambulance or the patient's home, preventing that need for excessively high speeds."



Up until last year, there were year-over-year increases in EMS vehicle-related collisions since 2011. A very mild winter resulted in fewer incidents and implementation of a provincial driver training program for EMS staff in 2015.

### OTHER EMERGENCY SERVICES

## No speed limit for Calgary police vehicles and firetrucks

Unlike ambulances, both firetrucks and police vehicles don't have rules that dictate how fast they can go in Calgary.

The rule, which took effect on Friday, says paramedics can only drive a maximum of 15 km/h over the posted speed limit when operating emergency vehicles with lights and sirens activated.

Prior to the change, ambulance operators could drive at a speed of 25 per cent over the

posted limit, while operating with lights and sirens.

The Calgary Police Service and the Edmonton Police Service don't have a specific number for what speeds police vehicles can drive at, but officers are expected to drive to an emergency event at a speed that is safe and reasonable.

Unlike Calgary, Edmonton officers mustn't exceed the limit by more than 50 km/h.

As for the Calgary Fire De-

partment, crews can go as fast as they deem necessary, as long as it's safe.

"Safety is the No. 1 factor our drivers take into consideration," said Calgary Fire Department spokeswoman Carol Henke.

"I don't think that they need to be looking down at the speedometer to know whether they're being safe or not — they know intuitively and through experience."

Given the increasing trend in vehicle incidents, AHS EMS chose to be proactive ... rather than wait to react to something even more serious in the future. AHS statement

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# Support circle here for the two-spirited

## FIRST NATIONS TRADITION

### Program helps those who identify as both male & female



**Alex Boyd**  
Metro | Edmonton

In a school gym twice a month a new support circle is creating a safe haven for two-spirited people in Edmonton.

Two-spirited people identify as having both a male and female identity — the oral traditions of many First Nations tell of the unique role they've played in history, but recently they've struggled to find acceptance.

Johnny Thunder, the founder of the group, now identifies as two-spirited, after growing up confused about who he was.

"It was challenging, I come

from Big Stone Cree Nation, from up north, and being there and being who I was didn't work. It wasn't accepting and there was bullying," he says. When he was 16 he fled to Edmonton.

It was here that Thunder met other gay aboriginal people, who helped him figure out who he was.

"What I was taught is a two-spirited individual is somebody that could be a man, but they're a feminine man. They have the male or female traits, or two spirits within them," he says.

Through research and conversations with elders Thunder learned more about the special roles that two-spirited people once played — they would join hunting parties to do the cooking and cleaning, or two-spirited couples would adopt orphan children — but says pressure from less-tolerant colonists drove them underground.



Youth worker Johnny Thunder ALEX BOYD/METRO

## MENTAL HEALTH

### Police proactive on stress cases: Chief



**Sanam Islam**  
Metro | Edmonton

The Workers' Compensation Board accepted just four cases last year of Edmonton police officers with post-traumatic stress disorder.

The statistic, shared during an Edmonton Police Commission meeting Thursday, represented a red flag for city councillor Scott McKeen, who said the numbers seemed very low.

His comment came after the results of a Vancouver police survey were shared as a comparison tool for EPS. It revealed that 32 per cent of officers fall in the range of diagnosable post-traumatic stress disorder (PTSD).

The low number of cases in Edmonton can be attributed to EPS handling mental health problems as soon as they happen, said Edmonton police chief Rod Knecht.

"It's working pretty good for us — we have a really good peer support network for the Edmonton Police workforce. It's showing us as a leader

when it comes to mental health issues for first line responders," he said.

He added that the difference in numbers with the Vancouver study could partially be explained by the fact that officers were self-reporting, while Edmonton statistics relied on diagnosis.

"There is the clinical diagnosis of PTSD, and there are members exhibiting certain behaviours or diagnoses that may or may not be PTSD," Knecht said.

Deputy police chief Danielle Campbell said some PTSD cases could also have been included in the long-term disability category by the Workers' Compensation Board, because the PTSD classification is fairly new.



**We have a really good peer support network for the Edmonton Police workforce.**

Police Chief Rod Knecht

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## BYELECTION

## Decision day in Ward 12

The city's record-breaking Ward 12 byelection to replace former councillor Amarjeet Sohi comes to an end Monday, as voters choose from 32 candidates running for council.

Sohi stepped down last fall after being elected as a Liberal MP.

Ward 12 polls open at 9 a.m. and close at 8 p.m., and Laura Kennedy, the city's director of elections, said

they're ready.

"We have all our workers in place. We have spares in case someone gets sick," she said. "It will be operational at 9 a.m. at all seven voting stations and we will be there to accept all the voters that haven't voted already."

Kennedy reminds voters to make sure they bring identification that proves their current residence and their identity.

In the event of a tie, the candidates' names will be put into a jar on identical folded pieces of paper, and the winner will then be drawn from that jar.

Kennedy said they don't expect that outcome, but they have to be ready.

"We have practised this every election. We actually practice all our processes every election."

RYAN TUMILTY/METRO

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Ruined loaves of bread sit outside the rear doors of the Italian Bakery after a fire tore through the building. RYAN TUMILTY/METRO

## Fire guts bakery

## BEVERLY

Shop has been supplying the community since 1985



An iconic Edmonton business is trying to recover after fire swept through their north-side bakery Saturday night, gutting the building.

The Italian Bakery on 118 Avenue in the Beverly neighbourhood was left in ruins by the blaze that began late Saturday evening.

The Beverly location has been in business since 1985 and also supplies the family's downtown location, which has been operating since 1960.

Owner Renato Frattin said he was devastated when he arrived early Sunday morning to see the building in flames.

"I just saw 30-foot flames above this part of the bakery there," he said.

"I was just thinking wow. I can't believe I am actually seeing this."

Frattin said his parents

opened the first bakery in 1960, just four years after arriving in Canada, and the business has been growing along with their family ever since.

"This is our family business — this is what we do."

He said right now they're still trying to figure out next steps, but said they will absolutely be reopening as soon as they can.

He said losing the Beverly location is particularly difficult, because it supplies the downtown store.

"This location is like almost the beating heart and I say that because we make all the bread from this location," he said.

"We can't do the production in our other location, because we don't have the pans, we don't have the right machines and we don't have the room."

Jill McKenzie, a spokesperson for Edmonton Fire Rescue Services, said crews got the call just after 11 p.m. Saturday and had to call in additional crews.

She said they got the fire under control around 4 a.m. and completely out at about 8 a.m. Sunday.

No one was injured in the blaze and McKenzie they do not yet have a cause or damage estimate.

**“This location is like almost the beating heart. Owner Renato Frattin**



HOCKEY

## Oilers OK with Rexall changes

The Edmonton Oilers are still looking at Northlands' plans for a Rexall Place without them, but a spokesperson for the team said it's unlikely they will stand in the way of plans to renovate the building.

Northlands unveiled plans last week to convert Rexall Place into a seven-sheet ice arena for minor and recreational hockey.

The Oilers deal with the city for the downtown arena has a provision requiring the city not "support or advocate in favour of any initiative to rebuild or substantially renovate Rexall Place."

That provision does specify that it doesn't apply if the renovation is for converting Rexall into something other than a sports or entertainment facility.



**We're committed to the growth of hockey and the growth of grassroots hockey in this city.**

Oilers vice-president of corporate communications Tim Shipton on being in favour of a bigger Rexall place

Oilers vice-president of corporate communications Tim Shipton said it's very early in the process, but he doesn't see the team standing in the way of more ice for minor hockey teams. "We are committed to the growth of hockey and the growth of grassroots hockey in this city," he said.

Shipton pointed to several large donations the team has made in support of minor hockey, through both the team and its community foundation.

RYAN TUMILTY/METRO

# New plan for Northlands site pleases neighbours

SPORTS & ENTERTAINMENT

## Racetrack will not sit dormant, likely to be big concert venue



**Ryan Tumilty**  
Metro | Edmonton

Neighbours and the local councillor are greeting the Northlands' plan for a major overhaul with cautious optimism.

Northlands's plan revealed

last week proposes to turn Rexall Place into a seven-sheet ice arena and create a new concert hall in the Expo Centre.

It also proposes a massive outdoor concert space built where the Northlands Park racetrack now stands that would hold as many as 140,000 people for concerts.

Coun. Tony Caterina, who represents the area, said mostly people are just pleased to see the site won't sit empty.

"Almost from day one when the new arena downtown was announced, most of the community felt like something



**If they build it right and the sound goes where the sound needs to go and it doesn't basically break windows, then we're good.**

Brian Finely, president of the neighbouring Bellevue Community League on a potential concert venue.

was being taken away from them," he said. "Having an empty site of 160 acres with nothing on it, I think everyone can imagine what that would have looked like."

Northlands came to a similar conclusion last spring after commissioning a group to look at the future of Rexall Place.

The group recommended the building be repurposed, but said that if that was not possible it should be demolished, so as not to become a blight on the community.

Brian Finely, president of the neighbouring Bellevue Community League, agrees the worst thing that could have

happened is a dormant site. "That's not good for the community and that's not good for the city," he said.

He applauded Northlands for coming to all the nearby communities with the plan in advance of releasing it publicly last week. He said the festival site will probably raise the most concerns, but he's encouraged Northlands seems to want to work with people on the problem.

"If they build it right and the sound goes where the sound needs to go and it doesn't basically break windows, then we're good."



**This rendering shows the proposed festival site** that would host outdoor concerts and would be built over the existing racetrack. Neighbours say this part of the site concerns them most, but could be workable. CONTRIBUTED



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EDMONTON'S WEEKLY  
LOOKAHEAD

## Forecasting the week's daily headlines

There's so much going on over the next week. Here's a quick look at what will be making the news over the next seven days.

**Monday**

After four weeks of door-knocking, pounding in lawn signs and debating the issues, one of the 32 Ward 12 candidates will finally be declared the winner. Polls are open from 9 a.m. to 8 p.m. A winner is expected to be declared within an hour of polls closing.

**Tuesday**

Residents in Old Strathcona will get a second look at a proposed project for their neck of the woods. The project at 10125 - 84 Avenue was originally planned as a four-storey walk-up, but council asked the developer to consider row-housing options for the property.

The open house Tuesday is meant to look at some of these options and it will be held at King Edward School from 5:30

p.m. until 9 p.m.

**Wednesday**

Councillors will take the first steps towards deciding where the LRT system will go next during a transportation committee meeting. Councillors will be asked to approve the criteria the city uses to determine which line will be the city's next priority.

**Thursday**

Residents in Windermere could

be getting some new neighbours and the developer will hold an open house about their proposed Glenridding Ravine neighbourhood.

The open house is at the Terwillegar Recreation Centre from 7 to 8:30 p.m.

**Friday**

Whoever wins Monday's Ward 12 election will officially be sworn in as the new councillor for the area on Friday. METRO



Air-1, the city's police helicopter, helps with high-speed pursuits and other emergencies. METRO FILE

## Chopper cost rises as loonie falls

**BUDGET**

### Police seek an additional \$2.7 million for new helicopter



Ryan Tumilty  
Metro | Edmonton

The tumbling cost of Canada's dollar is leading to a soaring cost for the city's new police helicopter.

In a report to the police commission last week, the service revealed the \$3.5 million the city budgeted for the chopper is no longer going to cover the costs, with the service expected to ask for an additional \$2.7 million later this spring.

The chopper was the subject of intense debate during the 2014 capital budget discussions. Council narrowly approved the purchase in a 7-6 vote, with many concerns over cost.

The service was originally asking for a much larger chopper that would have helped with travel time, since it moved to the Villeneuve airport after the closure of the city centre airport.

Coun. Andrew Knack, who

voted against the purchase, said the increase is even more of an incentive to consider other options.

"I still don't think it's the right investment. I think in particular we have seen drone technology evolve."

Knack said he would favour holding off and relying on the one helicopter the service currently uses for a few more years.

"If we could get even a couple years out (of it) the drone technology might be not just an adequate replacement, but actually be better than a helicopter."

Coun. Dave Loken, who supported the initial purchase, said he is going to want to find out why the force delayed signing a deal while the dollar was falling.

He said adding \$2.7 million is difficult when so many other demands are piling up in front of council.

"It's going to be a very tough decision for council, because we have a lot of moving parts."

Loken said the votes against purchasing the helicopter from the last time won't be easy to persuade and even the councillors who supported it are going to have to be convinced.

"I would think it's going to be a tough sell with all of us, council as a whole."

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Wednesday, February 24, 4pm - 7pm  
Saturday, February 27, 12pm - 4pm  
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**FORT SASKATCHEWAN HOME DEPOT CAREER FAIR**

Thursday, February 25, 3pm - 5pm  
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**EDMONTON EAST (WHITEMUD) HOME DEPOT CAREER FAIR**

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# \$5M donated to NAIT

## EDUCATION

### Students vote for association to give college 'historic' gift



**Alex Boyd**  
Metro | Edmonton

NAIT recently got the biggest donation in its history — a \$5-million gift from its students.

Students recently voted on the decision as part of elections for the NAIT Students' Association (NAITSA), and 93 per cent of votes cast were for the "yes" side.

"This result is historic, as NAIT students have reaffirmed the special partnership that exists between NAIT and NAITSA," NAITSA president Justin Nand said in a release.

The donation will be made over six years, and will be targeted towards services and facilities used by students — including upgrading the student card system and creating a \$2.45-million fund to support



A new student card system and Campus improvements are being planned thanks to a donation from NAITSA to be paid over six years. FLIKR/NAIT

campus improvements.

NAITSA advocacy director Jason Roth said that giving money will help both the student's association and the uni-

versity provide better student services down the road.

The first of the money to be allocated is \$2 million to support the Centre for Applied

Technologies, opening in September.

The rest of the money will be donated in \$600,000 instalments over the next five

**“Students have reaffirmed the special partnership ... between NAIT and NAITSA.”**

Justin Nand

years, with a representative from both NAIT and NAITSA weighing in on how to spend it, Roth said.

In return, NAITSA will get offices that are about three times bigger than their current one. Staff currently occupy space on the main campus where limited space means multiple people share offices — a situation Roth said has prevented the organization from expanding their staff or the services offered.

"There are things that other student unions do, things like a Pride Centre, certain types of peer support that we want to do, and students want us to do, but we've been unable to do because of a lack of space," he said.

## CRIME

### Police seek witness in fatal fight

Edmonton Police were called to a suspicious death Sunday in the shadow of the new downtown arena.

Officers were called to the intersection of 104 Avenue and 101 Street at around 12:30 a.m. Sunday on reports of a man who had been badly injured in an altercation.

The man in his 40s was apparently in a fight with a group of people.

Paramedics rushed the man to hospital, but his injuries proved fatal.

Homicide detectives are attempting to identify individuals who helped the man after he was attacked.

An autopsy has been scheduled for Monday afternoon and police were not releasing the man's name until his family is notified.

Anyone with information about this incident is being asked to call the EPS complaint line at 780-423-4567 or Crime Stoppers at 1-800-222-8477.

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# A eulogy for four-legged friends

The death of a Calgary Zoo otter has sparked a conversation about the safety of animals across the country. Here, Metro remembers some of the better-known critters that have died in recent years — some naturally, others not. Yet they all have one thing in common: They were beloved by their communities. **METRO**



## HALIFAX TUXEDO STAN

This friendly feline captivated the nation and, indeed, the world when he ran for mayor in 2012. Saddened by Halifax's feral-cat problems, Tuxedo Stan spearheaded the Tuxedo Party movement and ran for office to draw attention to the issue. While Stan did not win, in Stan's name, city council provided a \$40,000 grant to the local SPCA. While Stan won this fight, he sadly lost against cancer in 2013.



## OTTAWA BIG BOY

You might think of wild boars as a scourge on farmers and fearsome to residents. But Big Boy, as this particular wild boar was known, was a domesticated pet and much beloved by his owner Donna Lampron. Big Boy was shot when he wandered onto the property of Thomas Blair, a resident in Moose Creek, just outside Ottawa. However, Blair didn't know the boar was a pet and felt he was justified in his actions.



## TORONTO WHITE SQUIRREL

Many headlines have been written about Toronto's white squirrels — friendly residents among the trees of the Trinity Bellwoods neighbourhood. So loved are the squirrels that they have their own Twitter account, @WhiteSquirrelTO, and inspired White Squirrel Café. So the shock of seeing a white squirrel dangling from a hydro power cord, dead from apparent electrocution, echoed across the city, breaking the hearts of many.



## WINNIPEG BAIKAL

An Amur tiger, Baikal, who lived in Assiniboine Park Zoo, died after it was attacked by a younger male tiger. Baikal had wandered into an enclosure where two youngsters were being housed. The zoo said a gate connecting the two enclosures had been mistakenly left unlocked, which allowed Baikal to get in.



## CALGARY LOGAN

In a tragic tale, Logan the Otter, who lived in the Calgary Zoo, drowned last week after becoming entangled in a pair of pants left in his pool. This was chalked up to "human error," but many people are lashing out at the zoo, saying it's not the first time such incidents have happened.



## VANCOUVER WALLY

Wally the sea otter was found suffering on the shores of Tofino, B.C. It was discovered that Wally was blind and suffering from gunshot wounds, so veterinarians amputated part of his flipper and cared for his injuries. Wally went on to win the hearts of Vancouver Aquarium's staff and visitors. The aquarium says Wally's last years were happy, but his health began to deteriorate in the spring. He died shortly after.

## FAR NORTH

# Satellite scare highlights symbiosis



**METRO'S ARCTIC ADVENTURE**  
**Braeden Jones**  
Metro | Winnipeg

Rumour has it there's a downed satellite near Resolute Bay.

The community of fewer than 250 is a place where information spreads fast. And a few weeks back, the word on the snow-covered street was the military would be up to collect pieces of a satellite that crashed.

The military presence was no surprise because the Arctic Training Centre is just a short snowmobile ride from Resolute. But squadrons running around the area looking for scrap is troubling for the hamlet's inhabitants, who rely on hunting those lands.

Phillip Manik Sr., chairman of the Hunters and Trappers Association in Resolute, said hunters "not only hunt for themselves" but also share their bounty out of necessity.

"In our culture, if you have food you give it to people who can't hunt," Manik said. "Women without husbands, elderly people, and these days people who are without jobs



**Phillip Manik Sr. said hunters "not only hunt for themselves" but also share their bounty out of necessity.** BRAEDEN JONES/METRO

who are getting older."

Resolute senior administrative officer Angela Idlout said the hamlet normally has about 35 employees but there are about 80 students in the community and a lot of the other people don't work.

"They can't always afford to buy food, so they go get it," Idlout said.

Groceries are flown in and expensive. A can of beans is

\$9.99 in Resolute. Many residents are unemployed and cannot afford to buy at a store.

Hunting is essential food-gathering for the community. So the rumour about the satellite made it to people who would seek answers, including local wildlife officers, RCMP, the hamlet office and Manik.

Manik was at a meeting last week at which the military's liaison officer, Lt. Navy Clayton



**In our culture, if you have food you give it to people who can't hunt.**

Phillip Manik Sr.

Erickson, clarified the rumour was just that.

"It's a story," Erickson said, a narrative for soldiers engaged in a training exercise.

Through a translator, Manik asked Erickson to pass on the tip that soldiers should not only avoid hunting areas and animals but also "the hunters themselves." Someone alone on the ice may look stranded but is more likely standing over a seal hole.

Erickson agreed.

He emphasized that living symbiotically alongside Canada's Arctic inhabitants and respecting their way of life is always the priority.

"We want to make sure everyone is on the same page and everyone is happy," he said. "If there are any concerns, I can bring that back so we can potentially change our plans if need be."

## AVIATION

# Possibilities for drones endless

A smile breaks out across Wyatt Travis's face as the machine tilts slightly and whirrs upward, a continuous buzz echoing from the four dizzying propellers.

It's Travis's first time flying a drone and he couldn't be happier.

"It was incredible," he says after landing the 1.28-kilogram machine. "It was a lot easier than I thought. And a lot of fun."

Once considered the stuff of sci-fi movies, pilot-less flying machines are booming both recreationally and commercially as tech enthusiasts and industries explore their capabilities.

"You have to have your head on a swivel these days because it's advancing so fast and the technology is changing so quickly,"

says Declan Sweeney, co-founder of Metro Vancouver's first-ever Drone Fair, held in Burnaby this weekend.

Sweeney has been working with drones for nearly 15 years and says when he started, most people flying unmanned aerial vehicles wore military uniforms.

Amazon has plans to use the flying machines to deliver packages, and companies across Canada are already using drones to survey land, monitor wildlife, help rescue operations and more.

Schools are also beginning to educate people about the machines. The British Columbia Institute of Technology (BCIT) will launch a course this April.

THE CANADIAN PRESS



**A drone is used to document a roof raising during the renovations at BMO Field.** MICHELLE SIU/THE CANADIAN PRESS



# Leave EU: London mayor

## POLITICS

### Boris Johnson challenges PM, wants U.K. to abandon bloc

A new battle for Britain erupted Sunday, with London Mayor Boris Johnson saying he would join the campaign to encourage Britain to leave the European Union. The move posed a direct challenge to Prime Minister David Cameron, who has launched a major push to keep his country within the 28-nation bloc.

The popular, raffish Johnson immediately becomes the most prominent Conservative Party politician to break ranks with fellow Conservative Cameron's vision of the best course for Britain in a June 23 referendum on EU membership.

The referendum has divided Cameron's Conservative Party — while most in his cabinet back his wish to stay, several cabinet members oppose his stance and are campaigning for the country to break free of EU bureaucracy — a so-called "Brexit."



London Mayor Boris Johnson says he would support a vote for Britain to leave the EU in a referendum in June, dealing a blow to Prime Minister David Cameron. NIKLAS HALLE/N/APP/GETTY IMAGES

The decision of Johnson, a two-term mayor who has been touted as a possible future prime minister, deals a blow to Cameron's hopes of a united front ahead of what is expected to be a hard-fought referendum.

"The last thing I wanted was to go against David Cameron or the government, but after a great deal of heartache I don't think

there is anything else I can do," Johnson told reporters outside his London home.

So far, no country has ever left the EU, and several European countries outside the bloc are still working to reform their economies and governance systems so they can join.

Cameron made a firm commitment three years ago to give

voters a simple "in or out" referendum if he was re-elected in 2015. He was acting to quell divisions within his own party, which has long had a strong vein of anti-Europe sentiment.

Johnson's decision was not a complete surprise because the 51-year-old former journalist has for several decades criticized the growing EU bureaucracy, first in

**The last thing I wanted was to go against David Cameron.**

Mayor Boris Johnson

his newspaper and magazine columns and later from Parliament and city hall.

Striking likely campaign themes, Johnson criticized EU courts for taking too active a role in British affairs and said the entire European project was in danger of spinning out of "proper democratic control."

The mayor was immediately praised by one of the leaders of the "leave" campaign who have been searching for a charismatic figure with mainstream appeal.

The prime minister also cautioned that if Britain pulls out, it would take years to negotiate such a deal, since it also needs to make sure that British companies still have access to European markets.

Cameron plans to go to Parliament on Monday to formally set in motion the June 23 referendum. THE ASSOCIATED PRESS

## UNITED STATES

### Snowden willing to face justice

Speaking via Skype from Russia, Edward Snowden told an audience of supporters in New Hampshire on Saturday that he is willing to be extradited to the United States if the federal government would guarantee he would get a fair trial.

Edward Snowden THE ASSOCIATED PRESS

The former National Security Agency contractor in 2013 leaked details of a secret government eavesdropping program and left the country. He faces U.S. charges that could land him in prison for up to 30 years.

Snowden has offered to return home and discuss a plea deal and even go to jail.

His revelations about the NSA, Britain's GCHQ and other intelligence agencies set off an international debate about spies' powers to monitor personal communications.

THE ASSOCIATED PRESS

## IN BRIEF

### Gunman opens fire on random people in Michigan

A gunman opened fire outside an apartment complex, a car dealership and a restaurant Saturday in Michigan, killing at least six people at random, police say. They identified the shooter as Jason Dalton, 45, an Uber driver.

Kalamazoo County Undersheriff Paul Matyas described a terrifying series of attacks that began about 6 p.m. Saturday outside an apartment complex on the edge of Kalamazoo County, where a woman was shot multiple times. She was expected to survive. THE ASSOCIATED PRESS

### Phoney health workers break into homes in Brazil

Brazilian authorities in the southern city of Joinville are warning residents to guard against fraudsters after three thieves posing as health workers working to wipe out the Zika virus entered a home and ran off with cash and electronics.

There have been 220,000 soldiers mobilized to join 300,000 health workers in house-to-house searches to eliminate possible breeding sites for the Aedes aegypti mosquito that transmits the Zika virus. THE ASSOCIATED PRESS

## GERMANY

### Refugee home site of suspected arson

Onlookers celebrated as a suspected arson fire damaged a former hotel being converted into a refugee home in eastern Germany, police said Sunday, raising new concerns about violence toward migrants in a nation that registered more than a million asylum-seekers last year.

The blaze in the roof of the building in Bautzen, in the eastern state of Saxony, broke out overnight. Police said no one was injured but a group of people gathered outside, some "commenting with derogatory remarks or unashamed joy" at the fire.

While most Germans have been welcoming toward refugees, a vocal minority has staged

protests in front of refugee homes, especially in the east. Germany last year saw a surge in violence against such lodgings.

Police ordered three people to leave the fire scene because they were hampering firefighters' work and then temporarily detained two of them, whom they described as intoxicated 20-year-old locals, after they ignored the order.

Investigators found traces of a fire accelerant at the scene and believe the fire was caused by arson, police said. It wasn't immediately clear whether the building can be restored.

Saxony is home to the anti-Islam and anti-immigration group PEGIDA. THE ASSOCIATED PRESS



Two people were detained after interfering with firefighters' work, police said, after fire damaged a hotel being converted into a refugee home. RICO LOEB/DPA/THE ASSOCIATED PRESS

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## SMARTPHONES

## Samsung, LG boast better cameras, VR

To revive interest in smartphones, Samsung and LG are improving their cameras and embracing the nascent world of virtual reality.

Samsung's new flagship phones — the Galaxy S7 and S7 Edge — promise better photos under low-light conditions, in part with sensors that capture more light. The main camera on LG's upcoming G5 smartphone will have two lenses — one for standard shots, and another with a wider angle so you can capture more of your surroundings.

Both smartphones will also release camera-related accessories,



The new LG G5 camera will have two lenses for standard and wide angle shots. BEBETO MATTHEWS/THE ASSOCIATED PRESS

complemented by the capacity to take virtual reality images

The new phones will start shipping March 11.

THE ASSOCIATED PRESS



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Deborah Magdee holds photographs of her deceased mother, 87 year-old Elizabeth at her home in Vancouver, B.C.

JONATHAN HAYWARD/THE CANADIAN PRESS

# Providing families the 'time to grieve'

#### DEATH

## Workshops teach skills to perform funerals at home

It's only because Deborah Magdee happened to overhear a radio show two years ago that she left her mother's dead body at home for five days.

The radio segment introduced the Vancouverite to home funerals, where family and friends assume the role of a mortician rather than relying on a morgue. Proponents say it's a cheaper, more intimate experience that can help loved ones grieve.

At the time, Deborah cared for her mother Elizabeth — or Baba to the Ukrainian-heritage family. Deborah knew her mom,

who suffered from dementia, could die soon.

The more Deborah listened to how the funeral industry handled corpses, the more she wanted to explore the possibility of a home funeral.

"How can I just let these strangers come and take her away and put her in a morgue?" she recalls thinking. "I do not want anybody touching my mom like that."

She turned to Google and found a burgeoning industry. More than 50 home funeral directors work in North America, according to the National Home Funeral Alliance, including Pash-ta MaryMoon, a death midwife in Victoria.

MaryMoon, who co-founded the Canadian Integrative Network for Death Education and Alternatives, said much of her

work is educating people about do-it-yourself funerals.

"It's an old, ancient, forever process that we lost in the 20th century," she said.

MaryMoon helps people navigate the paperwork required when someone dies and teaches

her family to help plan a home funeral for Elizabeth, who died the following March at 86.

Deborah and the family lit candles and played music, leaving Elizabeth's body in her room where they could sit with her and reflect.



**You can go there by yourself at two in the morning and cry or talk to the person. Deborah Magdee**

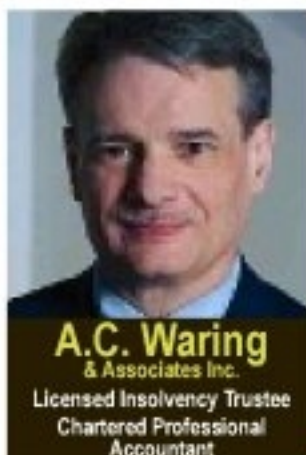
home-funeral workshops to go over the logistics of the service.

"I don't have any issues around being with dead bodies," she said. "It's really not that different than caring for a live person."

Deborah attended one of MaryMoon's workshops in August 2014 and then convinced

"You have time to grieve," Deborah said. "You can go there by yourself at two in the morning and cry or talk to the person."

Friends and family visited for a celebration of life, where they decorated Elizabeth's casket, covering it with photos and messages of love. THE CANADIAN PRESS



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## ROSEMARY WESTWOOD

metroview

### The question at the end of Lent should not be 'Did I win?'

It's been almost two weeks.

Fourteen of 40 days of Lent. And I'm not sure I've changed. Yet.

I'm not drinking — a classic Catholic answer to the call to fast or do good deeds between Ash Wednesday and Easter, in order to prepare our hearts for Jesus' resurrection. But, this year, going alcohol-free feels more like a money-saving endurance test than a true Lenten effort.

Like many, I'd been seeing Lent as a kind of extreme sport: How long can I go without X? According to Google, Catholics are giving up meat in Ohio, sex in California, fried food in Kentucky, and Facebook in Oregon.

Each year, I've given up booze and figured I was being observant.

I was not.

In church on Ash Wednesday, the priest told us that he understands the desire to swear things off wholesale: He did it himself when he was child (no candy). But Lent isn't a test, he said; it's an opportunity. It's not about feats of abstinence — it's about feats of growth.

The question, at the end of it all, shouldn't be: Did I pass? Or did I win?

"The questions is, 'Have I changed?'" the priest said.

It is odd, or perhaps fitting, that Lent comes soon after the new year, a month

and a half after most of us have taken stock of our lives and ourselves. Anyone religious should be pretty well situated, after all that introspective angst, to pinpoint the holes in their faith.

So, as a Catholic who rarely prays, I've decided to do it daily. I'm trying to say prayers that are hopeful, joyful, expansive (instead of the ones about how I'm sinning all the time). I'm focusing on relationships I find difficult. I'm trying to choose, in little ways, to help other people.

So far, I'd give myself a solid C+.

Which isn't so bad. Being more loving, more giving — that is never going to be easy. It takes a lot more energy and honesty than forfeiting a beer.

Ultimately, faith is supposed to bring happiness, joy, contentment. Richard Rohr, the Franciscan friar, wrote "Lent is just magnified and intensified life." Which makes this practice, this effort for change, one that anyone could, theoretically, adopt.

Not that I'm telling you what to do. And not that I'm judging other Catholics. (That wouldn't be very Christian.) And while I'm OK with my current C+, I'm type-A competitive. Though I've set goals I can't definitively win or lose, I couldn't be more desperate for change. Even a tiny, little bit.

## THE BIG THING: ETHIOPIAN FAMINE, AGAIN

In the mid-1980s, the alarm about the devastating famine in Ethiopia was raised with the boom of bass guitars at LiveAid. This time around, we've barely heard a whimper (yet), though the current drought is much worse. **The El Niño climate has made this Ethiopia's driest season in 50 years, putting 10 million people's lives at risk** — equivalent to almost the entire pre-war population of Syria, whose crisis has garnered far more international attention. There's overwhelming need for action, and fast, but the East African nation is in a far better position to handle the challenge now than 30 years ago, when famine and concurrent political instability killed about half a million people and left scars that can still be seen today.

### 1 Cost of crisis

The trauma of Ethiopia's 1980s food crisis can be plainly seen on the bodies of the young adults who were 12 to 36 months old during the height of the devastation. They're profoundly stunted: an average of 5 centimetres shorter than their older peers who did not suffer starvation in the early years of life. And those are the children who were born at all — research shows a noticeable, years-long dip in fertility among married Ethiopian couples who lived through the famine. SOURCES: DEMOGRAPHY, JOURNAL OF THE EUROPEAN ECONOMIC ASSOCIATION

### 2 Pace of progress

Ethiopia is one of the fastest-growing economies in the world. A more urban population means comparatively fewer people are relying directly on crops to survive. Food aid is being imported into neighbouring Djibouti and delivered to hard-hit areas of Ethiopia via a new, Chinese-built electric railway. Finally, technologies that didn't exist in the 1980s may lessen the impact of this once-in-a-lifetime drought. An example is an Ethiopian-made enriched peanut paste that is cheap, tasty, keeps well and can help prevent malnutrition in children. SOURCE: BBC

### 3 Time is ticking

The Ethiopian government now has functioning "strategic grain reserves," including this depot in Adama (pictured). However, the charity Save the Children Ethiopia says unless \$245 million is pledged by foreign donors before the end of February, the country will suffer a "break in the food aid pipeline."

COLIN COSIER/AFP/GETTY IMAGES

# The campaign is over, time to run a province

## URBAN PARADIS

Danielle Paradis



If you missed it, another week saw the NDP kicking over the apple cart by banning agent provocateur Sheila Gunn Reid, Alberta's own Prairie Palin and Rebel Media correspondent, from a media lock-up for the royalty review and from attending a presser with the prime minister.

The NDP government quickly changed course and pledged to create a policy for who can attend. The action was swift, but not swift enough. The story went from old news to a trending topic when the Sun's opinion writer Lorne Gunter covered it — and the NDP, despite the incidents happening weeks ago, was left speechless.

Our government seems to be caught tongue-tied often.

They're also picking fights they shouldn't, and ignoring the timelines they've set for themselves.

The initial January deadline for the NDP jobs creation plan is long past, the plan has no details, and yet Economic Development Minister Deron Bilious's press secretary continues to reassure us that it's a No. 1 priority.

Meanwhile TransAlta is expressing frustrations that the province has yet to pick a negotiator for the phase-out of coal power. After a while, you begin to feel like the kid whose father keeps promising you he's going to play ball with you this weekend.

The saving grace for the NDP is their opposition. Rachel Notley should probably send Brian Jean a thank-you card because the Wild Rose Party has struggled to mount a consistently effective opposition. Jean's lack of diplomacy on the Energy East

debate and histrionic fits on Bill 6, the controversial farm safety bill, make me pine for the days of the brilliant and bellicose Danielle Smith.

Speaking of, it will be a long time before Alberta forgets Bill 6, which many have called a master class in how not to legislate. Communication with the public must be quick and clear. Instead, communication plans seem to be shunned as if they are hallmarks of the previous regime.

In a province where opinions can change as rapidly as the price of oil, it is as though both parties have come to rely on ideology first and common sense second. Press secretaries and MLAs have become more interested in making 140-character quips about one another on Twitter than spreading information about legislation.

It would be unfair to say the premier has not had her moments — such in re-

sponse to the blowhard Kevin O'Leary's comments about investing in Alberta ("The last time a group of wealthy businessmen tried to tell Alberta how to vote, I ended up premier.")

More than anything, it is these flashes of brilliance that make me wonder what has happened to the Notley who decimated Jim Prentice in the debates. The NDP ran a campaign that was pragmatic and deliberate. Now that the fight is long over, they need to get ahead of their own stories. It is discouraging to feel stuck between the ideological warriors and the partisan nut jobs.

These strategies work well in an election, but they're a poor mechanism by which to run a province.

Danielle Paradis loves Edmonton, politics and flowcharts. She tweets @DaniParadis

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# How much money do I need?

## NEST EGG

### Be calculating with your retirement savings

**Michelle Williams**

A generation ago, planning for your retirement meant saving whatever money you could. Then, when you turned 65, you'd live on your savings. There was very little accounting for lifestyle and what your dream for retirement might look like.

"We've heard many different rules of thumb about what the right number is for a successful retirement," says Jake Lockhart, a certified financial planner with Investment Planning Counsel and Lakeside Financial Planning in Kelowna, B.C. "A million dollars is a popular one. Another number you hear bandied around is 70 per cent of your pre-retirement income. Fact is, there's no magic number that suits everyone."

#### Surrounded by choice

"We have so many choices today when it comes to discretionary spending in our globalized world," says Serena Cheng, director of wealth management and investment advisor with Richardson GMP in Toronto. "We also have such varied interests. Is it import-



The lifestyle you want to lead once you retire will determine how much money you will need to save. ISTOCK

ant for you to eat out? Do you love to travel? Are you a serial shopper? We've never had the choices we have today."

For this reason, both Lockhart and Cheng agree that the first step to determining what you'll need for your retirement is to identify your lifestyle priorities.

"In our process, we ask cli-

ents to spend time analyzing the life they envision for themselves in retirement," says Lockhart. "Every detail is important, from things like whether you plan to downsize from your family home to whether you'll have to travel to visit your family out of the province."

"Once you determine that,"

says Cheng, "you have to figure out how much money you need to put away to allow for this lifestyle. If you're unsure, give yourself the flexibility of a bandwidth so you have a range."

"You also factor in cost of living — I use three per cent per year to be on the safe side. You don't know how long you'll live, but you have to plan out

to 95 years plus because people are living longer."

#### Get organized

"You have to make reasonable assumptions about the return on your assets pre- and post-retirement," says Lockhart. "Before you retire, organize your affairs so you're insulated should your investments suf-

fer due to an economic downturn, which can be especially catastrophic early in your retirement. This could mean a shift in your investment strategy and possibly the assumed post-retirement rate of return."

A common strategy is to first determine your goal (e.g., to retire at 55), then see if you have the financial resources and strategy to support that.

"We start with what your dreams are for retirement and project what it will cost. Then we look at current saving strategies and assets to see if you're on track," says Lockhart. "If there's a financial shortfall, you have to consider different options: maybe it's adjusting your lifestyle today to save more for retirement, working a few years longer or changing the style of your retirement."

#### Crunching the numbers

If you're thinking this sounds pretty complicated, you're right. It's not enough to do a spreadsheet of your expenses for your optimum retirement lifestyle and try to assess how much that will cost. It's a mathematical quagmire that's extremely complex for most investors to wade through, even with savvy online calculators.

"I'm not going to say you can't figure it out yourself," says Cheng, "but financial planners are equipped to ask the right questions and do the calculations to thoroughly project what you'll need so you're not left short — with too little, too late."

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Will Annick and Yolanda's financial goals be met? **Metro's finance guru Lesley-Anne Scorgie** has only two months left to tackle the women's largest financial burdens and teach them to allocate resources.

## Prioritizing debt repayment



**LESLEY-ANNE SCORGIE**  
metromoney

**THE CHALLENGE:** We've been following two young women as they get serious about making progress on their money. They have 12 weeks to crush their debt, start saving for the future and break bad spending habits. Can financial guru Lesley-Anne Scorgie turn the financial tides for these ladies?

**THIS WEEK:** Where do you turn when you're in a financial pinch? For so many it's friends and family first, then traditional forms of credit such as consolidation loans or credit cards. Annick has laid her financial cards on the table and must choose which loans get paid off first.

**NEXT WEEK:** Yolanda wants to be a homeowner, which means she must save at least \$25,000 for a down payment plus closing costs. The big question is whether she should move back home or not. Every financial decision has a financial and emotional trade-off — both good and bad.

LESLEY-ANNE SCORGIE IS A BESTSELLING AUTHOR AND FOUNDER OF MEVEST, A MONEY COACHING SERVICE FOR CANADIANS. FOLLOW HER @LESLEYSORGIE

### THE SITUATION

Annick owes money to friends and family not because of overspending, but rather she borrowed for the damage deposit on her Calgary apartment and to furnish it with the basics.

Like so many young Albertans, she'd hoped for a higher salary post-graduation, but landed in a rotten economy and was earning half what the recruitment officers in her energy management program said was the going rate for new graduates.

Within three months of full-time work, Annick confronted her finances and determined a second job would be necessary to afford the payments on her credit cards and other loans. She also started taking advantage of free city programs such as the theatre and discounts on transit for those with lower income.

Today she's putting \$1,125 per month towards her debt and is on track to eliminate her loans to friends and family by March 1. At this pace, Annick will be consumer-debt free (not including student loans) by July.

### THE LESSON

In my experience, borrowing money from friends and family causes anxiety and can cost you your relationship.

Imagine showing up at your mother's home in new kicks



**Annick, 24, Calgary, Alta.**

**NET WORTH:**  
**\$ - \$60,800**

**Annick is putting over a thousand dollars a month against her debt to reach her goal of becoming consumer-debt free by July.** JENNIFER FRIESEN

when you still owe her \$1,000. She'll be angry and dinner will taste awful.

Balances and interest aside, I recommend you prioritize repayments to friends and

family first, then move on to the next highest interest debt followed by the next. For example, pay your brother first, then Visa (18 per cent), then the line of credit (8 per cent),

then your personal loan (6 per cent), and on you go.

What's important for Annick is a reward at the end of this tunnel of debt. So she's decided that once July hits and

she has better cash flow, she'll save up to take an affordable trip to visit a friend in Miami later in the fall. We'll tackle the Canadian/U.S. exchange rate when the time comes.

### \$ MONEY

#### Annick's monthly budget

**The Budget:** Annick uses a budget to manage her monthly cash flow. It's straightforward. She tallies up her income and subtracts her expenses to get to her bottom line. Because she's on a mission to become debt free, any extra cash Annick has should go directly toward her debts.

<b>Income (take home)</b>	<b>\$2,450</b>
<b>Expenses:</b>	
Rent	\$750
Groceries	\$250
Utilities, Internet & cellphone	\$125
Entertainment & gifts	\$125
Personal care	\$75
Visa	\$125
MasterCard	\$50
Student loans	\$150
Other loans	\$800
<b>Total Expenses</b>	<b>\$2,450</b>
<b>Bottom Line</b>	<b>\$0</b>

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# Raising kids: It's not all about piano lessons

## CHORES

### Kids who don't help at home are ill-prepared adults: Author

Psst. There's an untapped resource in your household and it's hidden inside your kids.

Yes, beneath that veil of feigned incompetence, and even in spite of their wide portfolios of extra-curricular activities, your kids can — and should — be doing more work around the house.

"Parents really underestimate what their children can do," says Melinda Blau, author of numerous parenting books, the latest of which is *Family Whispering: The Baby Whisperer's Commonsense Strategies for Communicating and Connecting with the People you Love and Making Your Whole Family Stronger*.

Even though we may well remember mowing the lawn by age 9 and making meals by 11, today's time-pressed parents tend to be more concerned with marshalling their kids through homework, lessons and activities.

But this not only creates an imbalance in the household responsibilities that fall to the grownups, it also robs our kids of the most important knowledge we can pass on.

"The one thing people don't do is tell kids how to run a household, and that's the one thing they're all going to have to do in their lives," says Blau, a Northampton, Mass.-based writer.

"It's the most important life skill. How do you do laundry? How does food get on the table? How does the floor stay clean?"

When all we ever ask of the kids is to do their homework and practise the piano, we end up making domestic duties kind of invisible to our kids — and establishing a precedent that it's the parents' job to take care of everything else. It's no wonder then that so many of

them leave for university with little clue how to look after themselves.

Blau suggests we shift our focus away from the parent-child relationship and instead put an emphasis on the family as a whole, involving the kids in all aspects of family life. This creates an investment in the well-being of the family unit, she says.

Rather than presenting domestic responsibilities as chores, we should instead talk about roles.

The problem with chores is that we greet those with an



**All of the jobs that are required in a household are things that kids can do to varying degrees if we let them try.**

Melinda Blau, author of *Family Whispering*

"assignment mentality," says Blau. "It's far better that kids step into a role than parents assign chores."

"Every house needs a vacuumer, a cook, a sweeper, a pet feeder as well as a sous chef," says Blau.

She advocates discussing these roles at frequent family

"check-ins" — a term she prefers to the more ominous sounding "family meeting."

"You make them aware of all these things and that, since we're all part of the family, we're all going to do those jobs."

Then based on age and interest, the family decides together

who will fill each role.

Let's say a child needs a reminder to take care of something that's become their duty — like feed the cat, for instance. "Instead of saying, 'Hey, you didn't do your chore,' you say, 'Puffy looks hungry.' You give them the chance not to be wrong."

"All of the jobs that are required in a household are things that kids can do to varying degrees if we let them try. We wait until they're teenagers and then we're upset because they're lazy."

TORSTAR NEWS SERVICE



Give kids a role instead of assigning chores. ISTOCK

## CHORES BY AGE

### Under 3

- Throw dirty clothes into hamper
- Carry light bags in from car
- Do simple cooking tasks
- Clean small spills



### 3 to 5

- Sort dark and light wash
- Vacuum and dust furniture
- Set table, load dishwasher
- Spread butter on sandwiches
- Feed pets



### 5 to 7

- Use washer and dryer
- Fold and put away clothing
- Make own sandwich
- Peel vegetables
- Clean sink and bathtub



### 7 to 10

- Do own laundry
- Chop and slice food items
- Clean own bedroom
- Wash patio
- Clean inside of car



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## JOHANNA SCHNELLER WHAT I'M WATCHING

# When good bros go mad

**THE SHOW:** *Mad Dogs*, Season 1, Episode 4 (Shomi/Amazon)  
**THE MOMENT:** The Admission

Four friends who've lost touch have reunited in Belize, at the luxe beachside villa of their mysterious friend Milo (Billy Zane). There's Joel, the bitter one (Ben Chaplin); Lex, the one in recovery (Michael Imperioli); Gus, the seemingly responsible one (Romany Malco); and Cobi, the screw-up (Steve Zahn). But this paradise

is a sh—show: Milo is mixed up with drug lords and dirty cops. Now the four are holed up in the kitchen, facing death, while a long night passes.

"I didn't call your wife, she called me," Joel finally admits to Cobi. "I've known her longer than you have. She wanted to sit down and talk."

Cobi sneers. "Don't insult me, Joel," he says. "Guys don't sit down and talk. Guys avoid all forms of discussion — unless



**Mad Dogs uses a violent, dramatic backdrop to explore friendship based on gendered clichés.** CONTRIBUTED

we think there's going to be a f— at the end of it. Then we're all ears."

Between this, *Vinyl* and *Billions*, there are a lot of shouty dudes on TV all of a sudden, pounding their chests at one another.

*Mad Dogs* is the most amped up: a thumping score, marauding assassins, carved-up corpses. But the mayhem turns out to be just an extreme backdrop against which to explore male friendship.

The quartet share one thing: each feels like a loser. But not until the blood hits the fan do any of them own up to that.

*Mad Dogs* takes the cliché about men — that they won't discuss their feelings unless you put a gun to their heads — and makes it literal.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



# Before you tie the knot

PLANNING TO GET MARRIED?

## 12 things to do ahead of saying your I dos

**Gail Vaz-Oxlade**  
For Metro Canada



**1. Talk about the money.** Communication is Job One in the survival of any relationship. If you truly plan to share a life, bare your financial soul to your partner and insist your buddy tell you everything.

**2. Create a budget.** You need to be on the same page about where the money should be going. Then it's easy to decide what to buy and when. You simply ask, "Where does this fit in the budget?" Work together to make room, cutting a little of her golfing and his beer-with-the-boys to come up with the money.

**3. Don't put one guy in charge.** When one mate is excluded or totally abdicates responsibility, things can get messy. Your partner might sail your love-boat onto a reef or grow resentful at always having to do the job. You should each feel involved in the big financial decisions and understand the day-to-day details.

**4. Face up to your debt.** If you can't be debt free when you hook up, at the very least you should have a plan for getting there. Never sign for each other's debt. If your buddy needs help to pay off the debt, do it without putting your name on the paperwork.

**5. Talk about your dreams and your goals.** Whether you want to own your own home, start a family or go into business for yourself, you need to break your goal down into manageable steps.

**6. Build in some fun money.** Consider allotting each partner weekly or monthly fun money that can be used for anything that body desires.

**7. Plan for emergencies.** Without a stash of cash at the ready to deal with whatever life throws at you, you won't have the means to cope. Have enough cash available to cover six months' worth of essential living expenses.

**8. Maintain your financial independence.** That idea of independence makes some people want to duck and hide behind words like love, trust, honour and team. But independence doesn't negate any of those things. It enhances them because each and every day



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you're choosing to be together. Keep your own financial ID by having your own credit history and savings.

**9. Talk to your HR department.** Reassess what's available to you now that you're a family. Update your beneficiary designations for your insurance policies and retirement accounts.

**10. Check your insurance.** Marriage indicates "stability" and can have a positive effect on your auto insurance rates. Combine all your insurance with one carrier and you'll pay less.

**11. Make new wills and powers of attorney.** Your spouse doesn't have the right to speak for you unless you give him/her that right. And your old will is defunct when you tie the knot unless you made it in contemplation of the marriage.

**12. Don't sweat the small stuff.** Marriage is tough enough. Don't spend your relationship getting your britches in a knot over every little thing. If the small stuff adds up to big problems, it's usually because you aren't on the same page when it comes to your priorities. Get talking!

For more money advice, visit Gail's website at [gailvazoxlade.com](http://gailvazoxlade.com)

### SHORT-TERM MARRIAGE CONTRACTS

## Putting wedded bliss on a new — shorter — lease

In 1509, a teenage English king tied the knot with a young lady named Catherine. Things went downhill from there.

There were affairs, beheadings and a grand total of six wives for Henry VIII who — amid the chaos of his love life — started a new church,

packed on the pounds, then kicked the bucket at the age of 55. The portly king could have avoided the whole mess with a wedding lease, perhaps.

According to some legal and economic experts, short-term marriage contracts should be another option for couples, alongside traditional lifelong marriage. Divorce rates are rising, they argue, so why not make splitting up a little easier?

"When you have this short-term marriage, you get a fresh start again," says France-based economist Stefania Marcassa, who has written about the economics of short-term marriage contracts. It's an area that has surprisingly received little interest so far, she says.

But throughout history, people have tossed around similar concepts. British philosopher Jeremy Bentham wrote about short-term marriages in the late 1700s, and politicians in a few regions — including Germany and Mexico City — have proposed short-term marriages, for two years and seven years, respectively.

"My view is that, economically, it would make sense to have other forms of marriage contracts," says Marcassa, an assistant professor of economics at Université de Cergy-Pontoise.

"In many countries, the cost of divorce is pretty high," Marcassa continues, adding, "Why do you have to waste money, if you can just decide to write it up before you get married?"

In Canada, around 70,000 people get divorced every year, according to the latest Statistics Canada data.

So how would a "wedlease" work? Two people commit themselves to a set time period for their marriage, Rampell explains. Maybe it's one year, five years, 10 years — whatever works. They could renew the lease at the end of the term as many times as they want, or if it goes sour, there's a clean split.

Véronique Laliberté, a notary in Gatineau, Que., wrote about a similar concept while doing her master's degree in law. At the end of a short-term marriage contract, she says couples could have three options.

"One would be a marriage for life, like it is right now," she says. "The second one is to do a new contract for another five years. And the third option is to get divorced (based on) what you put into your contract at the beginning."

Laliberté hopes short-term contracts will one day be a real option in Canada, since so many people are scared of, or don't fully understand, the notion of a lifelong marriage.

TORSTAR NEWS SERVICE



Henry VIII and his first wife Catherine of Aragon. HANDOUT

### + LOVE IDEALIZED

#### Minimizing mess unlikely

"The thing about relationships is a lot of logic goes out the window when your heart's involved," says Irene Oudyk-Suk, a couples and sex therapist in Toronto.

"If you're with somebody for five or 10 years, you're going to run into problems that no contract is going to help you through. You're going to have to use your heart."



In an all-time through-the-looking-glass moment, the Don Mattingly-managed Miami Marlins will have a policy of no facial hair for 2016

## WOMEN'S SOCCER

### U.S. beats Canada in final of qualifier

Lindsey Horan and Tobin Heath scored in the second half and the United States defeated Canada 2-0 Sunday in the final match at the CONCACAF Olympic qualifying tournament.

Both teams had already claimed the region's two spots in the Rio Olympics this summer with semifinal victories. Alex Morgan scored three goals in a 5-0 U.S. victory Friday over Trinidad and Tobago, while Christine Sinclair scored twice in Canada's 3-1 win over Costa Rica.

The United States has won the past three gold medals and four overall since women's soccer became an Olympic sport in 1996. Canada, the bronze medallists



Becky Sauerbrunn, right, of the U.S. and Canada's Melissa Tancredi battle for the ball on Sunday. GETTY IMAGES

in the 2012 London Games, will be making its third straight trip to the Olympics.

THE ASSOCIATED PRESS

## NASCAR

### Hamlin wins by a hair in Daytona 500

Joe Gibbs wanted another ring and Denny Hamlin got it for him in the closest Daytona 500 finish in history.

Hamlin raced to his first Daytona 500 victory Sunday, the first for Toyota, and the first in 23 years for Joe Gibbs Racing.

The three-time Super Bowl winning coach made it clear during Speedweeks that he wanted another Daytona 500 victory, and his drivers were clear on the task at hand. All four JGR cars pulled

the field in the closing laps with Matt Kenseth out front and leading Martin Truex Jr., a Toyota teammate.

Hamlin waited until one lap to go to pull out of line and hope to get a big enough shove to get to Kenseth.

Kenseth tried to block his teammate, Hamlin wedged his car between Kenseth and Truex, and raced Truex side-by-side to the checkered flag.

Kenseth faded to 14th.

THE ASSOCIATED PRESS

0.010

Hamlin's margin of victory over Truex.

## NBA IN BRIEF

### Love leads Cavs past OKC

Kevin Love scored 29 points to help the streaking Cleveland Cavaliers roll past the Oklahoma City Thunder 115-92 on Sunday.

Love was 9-for-18 shooting from the field and 11-for-12 at the free-throw line to match his second-best scoring performance of the season.

LeBron James had 25 points, 11 assists and seven rebounds for Cleveland, which won its fifth straight.

Kevin Durant scored 26 points and Russell Westbrook had 20 points, 11 assists and nine rebounds for Oklahoma City. THE ASSOCIATED PRESS

### Raptors have a triumphant return home over Grizzlies

The Toronto Raptors marked their return home with a victory on Sunday.

DeMar DeRozan had 21 points, while Kyle Lowry added 18 to lead the Raptors over the Memphis Grizzlies 98-85 in their first game in Toronto in three weeks.

Cory Joseph scored 14 points, while Jonas Valanciunas added 10 points and a game-high 12 rebounds for Toronto (36-18).

Zach Randolph led Memphis (32-23) with 18 points. THE CANADIAN PRESS

## Alberta perfect through 3 matches

### SCOTTIES

### Carey and crew atop standings with win over Team Canada

The host province was quick out of the gates at the Canadian women's curling championship.

Chelsea Carey's foursome out of Calgary went 3-0 on opening weekend at the Scotties Tournament of Hearts in Grande Prairie, Alta.

Early wins are insurance against the emotional and physical slings and arrows of an 11-game preliminary round, says the skip.

"You want to get as many wins as you can obviously," Carey said. "The sooner you get them the better. It only gets tougher as the week goes on typically."

Alberta downed B.C.'s Karla Thompson 8-5 and beat Stacie Curtis of Newfoundland and Labrador 6-4 on Sunday.

The Glencoe Club's Carey, third Amy Nixon, second Jocelyn Peterman and lead Laine Peters opened with a resounding 12-5 win over defending champion Jennifer Jones the previous day.

Alberta is considered the main challenger to Jones's bid for back-to-back titles and the sixth of her career.



Alberta skip Chelsea Carey makes a shot against Team Canada in Grande Prairie, Alta., on Saturday. JONATHAN HAYWARD/THE CANADIAN PRESS

With a draw remaining Sunday, Quebec's Marie France Larouche and Northern Ontario's Krista McCarville were both 2-0.

Jones, Ontario's Jenn Hanna, Prince Edward Island's Suzanne Birt, New Brunswick's Sylvie Robichaud and Manitoba's Kerri Einarson were all 1-1.

Nova Scotia's Jill Brothers and Saskatchewan's Jolene Campbell finished the day 1-2,

while B.C. and Newfoundland were both winless.

The top four teams at the conclusion of the preliminary round Friday advance to the Page playoff. Ties for fourth will be solved by tiebreaker games.

The winner of the Feb. 28 final represents Canada at the women's world curling championship March 19-27 in Swift Current, Sask., and returns to

next year's Scotties in St. Catharines, Ont., as Team Canada.

The victor also gains automatic berths in this year's Canada Cup in Brandon, Man., and the 2017 World Financial Group Continental Cup in Las Vegas.

THE CANADIAN PRESS

Go to [metronews.ca](http://metronews.ca) for coverage of Sunday's late draws.

## NHL

### Wild leave Blackhawks out in the cold



Matt Dumba, left, celebrates scoring a goal with Wild teammate Justin Fontaine on Sunday. HANNAH FOSLIEN/GETTY IMAGES

Jason Pominville and Erik Haula each had a goal and two assists, and the Minnesota Wild celebrated the first outdoor game in franchise history with a 6-1 victory on Sunday over the Chicago Blackhawks.

In front of a crowd of 50,426 at TCF Bank Stadium on the University of Minnesota campus with an ideal faceoff temperature of 1 C, the Wild turned the NHL's 17th edition of open-air hockey into a romp past their post-season nemesis and primary rival.

Nino Niederreiter and Ryan Carter each added a goal and

### SUNDAY In Minneapolis

6	1
WILD	HAWKS

an assist, and Matt Dumba and Thomas Vanek also scored.

The Wild improved to 4-0 under interim coach John Torchetti and 3-0 this season against the Blackhawks, the team that has eliminated them from the playoffs in each of the past three years. THE ASSOCIATED PRESS



# **RECIPE** Carrot Soup



PHOTO: MAYA VISNVEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

A rich and naturally sweet soup that will make you forget there are four more weeks until spring. Hey, there's only four more weeks!

## **Ready in**

Prep time: 10 minutes

Total time: 40 minutes

## **Serves 4**

## **Ingredients**

- 2 Tbsp of olive oil
- 1 onion, chopped
- 2 cloves garlic, minced
- 1/2 inch of fresh ginger, minced
- 1 tsp chili
- 1/2 tsp cumin
- 1/2 tsp cinnamon
- 3 or 4 carrots, peeled and chopped (enough for about 3 cups)
- 3 cups low sodium vegetable or chicken stock

- Juice of half a lemon (about 2 or 3 Tbsp)
- Plain yogurt to garnish

## **Directions**

1. Warm a glug or two of olive oil in a large pot or Dutch oven over medium heat.
2. Sauté onions, garlic and ginger for about 2 minutes. Stir in spices and cook for another minute or so. Add carrots and stir well until they are coated lightly in oil and spice. Add stock and increase the heat until it boils. Reduce and allow to simmer for about 20 minutes or until carrots are quite tender.
3. Purée in small batches until the soup is quite smooth. You may need to add a little water or stock to thin it if it's too thick. Stir in lemon juice. Taste and check seasoning.
4. Serve garnished with yogurt.

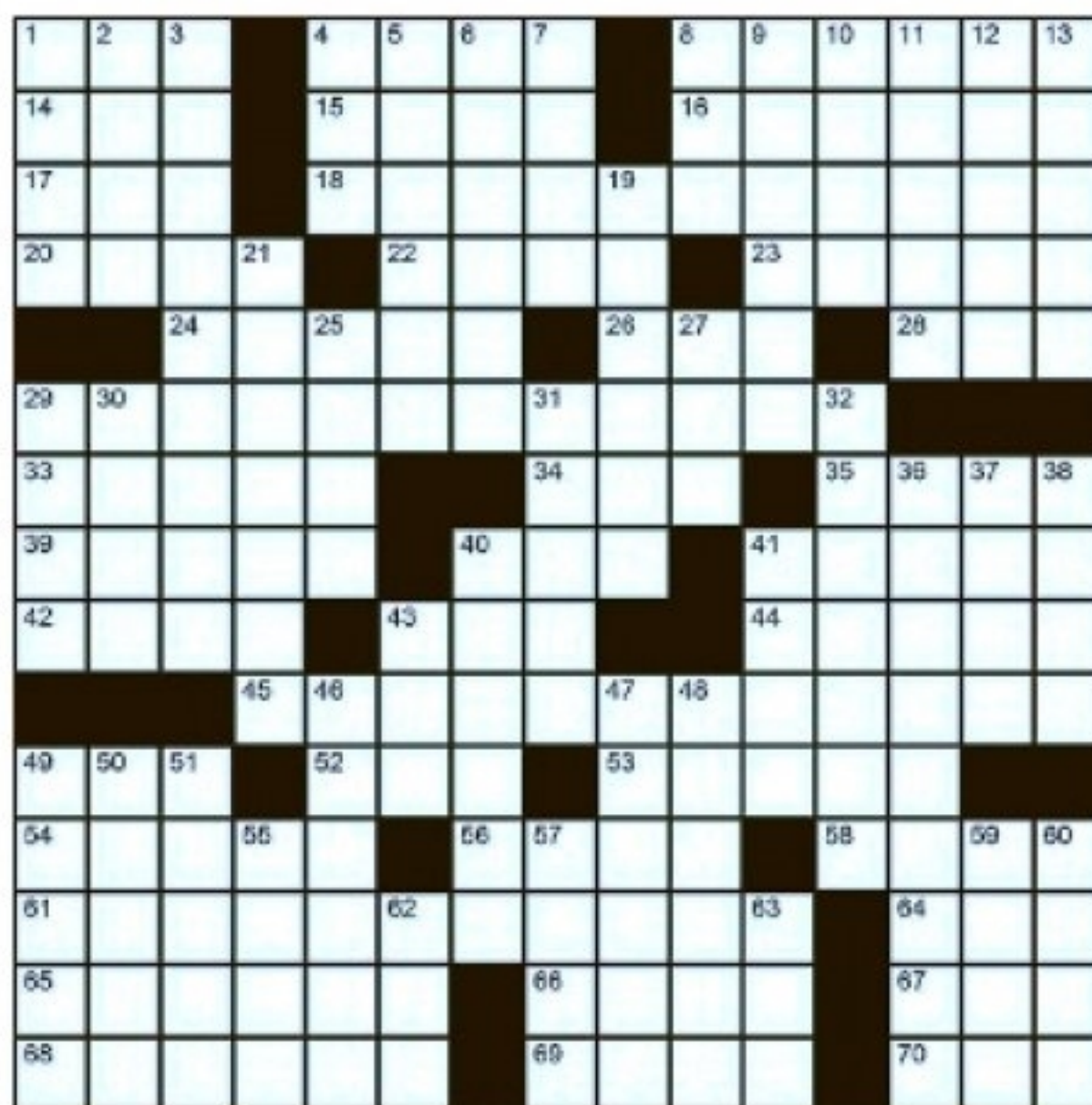
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# **CROSSWORD** Canada Across and Down

BY KELLY ANN BUCHANAN

## **ACROSS**

1. Feminine pronoun
4. \_ Doble (Ballroom dance)
8. Beatles: " \_ the Universe"
14. That guy
15. Carnivorous Cretaceous creature, curly
16. Russia: Called the 'Blue Eye of Siberia', it's the world's oldest/deepest lake
17. Sphere
18. Military officer/explorer/fur trader born in Trois-Rivières who explored beyond Lake Superior and into Western Canada, Pierre Gaultier de Varennes et de \_ (b.1685 - d.1749)
20. Lima's land
22. Athapaskan-speaking people of the Northwest Territories
23. Quit
24. Dancing \_ (Delighted)
26. Born, in bridal bios
28. Drench
29. Ipsos Reid conducts them: 2 wds.
33. Watery word with 'Wave'
34. Hat, slang-style
35. Rupture
39. Particulars
40. 'Cent' add-on (Man/horse creature)
41. English author A.A.
42. Concern
43. Offshoot



44. Overact in the play
45. " \_ \_ \_ (You Know I Love You)" by Shania Twain
49. Electrical resistance unit
52. Actress Charlotte
53. Left-for-too-long

- loaf's condition
54. White wine of Italy
56. Climber's need
58. Rapsallions
61. Like products not tested on animals: 2 wds.
64. Dig in
65. Counsel

66. Satiated
67. Ms. Peebles
68. Staggered
69. Leaf-to-branch attachment
70. Attempt

## **DOWN**

1. Buy stuff
2. Fill a position

3. Do some needlework
4. 1980s scandal-ridden televangelism org.
5. "You Turn Me On, I'm \_" by Joni Mitchell
6. Ontario's Trent- \_ Waterway
7. Farm's cart-pulling team

8. Mr. Vigoda
9. Delete
10. Go by bike
11. Gumbo ingredients
12. "All right, if you \_ \_" (I guess you're right then)
13. Get some beauty rest
19. 1875: Impressionist painter of The Skiff
21. Not identified
25. Feels yucky
27. Antiquity
29. Ear-related
30. Pocket bread
31. Eve \_ (Jan on "The Brady Bunch")
32. Activators of reactions
36. Headed for a Vegas chapel reason
37. Opposing
38. Film critic Rex
40. Blood carrier type
41. Prefix to 'morphosis'
43. Anecdotal collection
46. "You better..." ultimatum under: 2 wds.
47. Vivacity
48. Sam \_ (Famous officer of the North West Mounted Police)
49. "The Odd Couple" role
50. Drove of people
51. Purple hue
55. Screen
57. Slays, slangily
59. Couple
60. Remain
62. Mr. Danson
63. Furniture wood

# **\* IT'S ALL IN THE STARS** by Sally Brompton

**Aries** March 21 - April 20  
Your nerves may be on edge a little but don't worry too much because nothing bad is likely to happen. Try not to change your everyday routine, as minor alterations could confuse you in major ways.

**Taurus** April 21 - May 21  
You need to decide where your affections belong. According to the planets, there's no middle ground. If you can't make a reasoned decision yourself the full moon will make it for you.

**Gemini** May 22 - June 21  
You've been astonishingly ambitious but something will happen that makes you wonder if it's worth all the effort. No matter how disillusioned you may be you must not give up.

**Cancer** June 22 - July 23  
Today's full moon will force you to do the opposite of what you were planning. There's no point making a big scene about it, just do what is expected of you, and do it well.

**Leo** July 24 - Aug. 23  
You must either earn more or spend less — it's as simple as that. The full moon will point you in the right direction. You'll have cash in your pocket again soon.

**Virgo** Aug. 24 - Sept. 23  
You will come to a new understanding with someone you have clashed with in the past. There may be some tension in your relationship but if you discuss your differences you can and you will overcome them.

**Libra** Sept. 24 - Oct. 23  
The most important lessons don't have to be painful but they usually are. You can sense that something needs to be changed, and if you find out what it is and do what has to be done you can bypass the pain.

**Scorpio** Oct. 24 - Nov. 22  
No one and nothing can stop you. But you can still stop yourself, simply by allowing your fears to get the better of you. Ignore the doubts the full moon is putting into your head.

**Sagittarius** Nov. 23 - Dec. 21  
The planets warn you need to accept that in one area of your life you are out of your depth and must concede defeat. But it's no big deal. You will bounce back bigger and better.

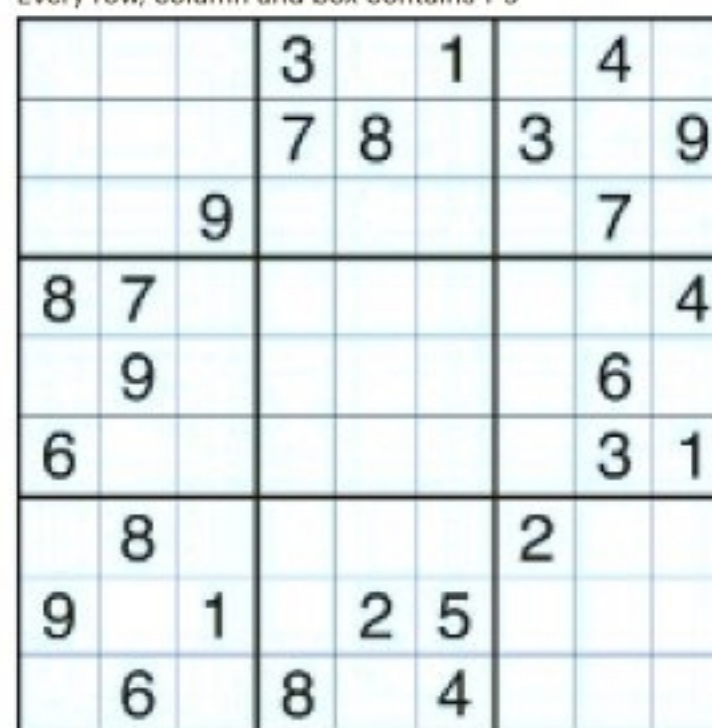
**Capricorn** Dec. 22 - Jan. 20  
You've all the charm you need to win friends and influence people, so reach out to those you would usually be afraid to approach because you think they're too good for you. They won't be above you for long.

**Aquarius** Jan. 21 - Feb. 19  
Take the kind of drastic action you usually prefer to avoid. You must realize that, as far as your finances are concerned, nothing can be taken for granted any more.

**Pisces** Feb. 20 - March 20  
What occurs next will bring into the open a conflict that has been simmering for quite some time. That's good. The more you try to deny that it exists the worse it will get.

# **CONCEPTIS SUDOKU** by Dave Green

Every row, column and box contains 1-9



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STK#AD514723

PEACE OF  
MIND PRICE **\$10,000**



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SPORTS  
STK#36022778

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MIND PRICE **\$11,500**



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PEACE OF  
MIND PRICE **\$12,000**



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